

# Abingworth Walking Holiday

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## Timetable

### Packing

Ask your driver how much luggage you can bring. A soft bag is probably preferable to a suitcase.

Bring boots, pole(s) if you have them, waterproof clothing, umbrella and make sure these are easily accessible for the first walk. You could bring a packed lunch, find a pub on the way, or eat in any of the cafés at Arundel.

### Friday

0900 Suggested departure time. Car passengers to liaise with drivers on meeting points and times.

1313 Set out on an easy 4¾ mile walk from Arundel Lido car park.

1600 Return to Arundel.

1630 Arrive Abingworth. Welcoming afternoon tea.

1915 Dinner.

### Saturday

0745 Breakfast.

0900 Leave Abingworth and drive to Whiteways.

0930 Set out on 5½ mile walk which rises gently to the top of the escarpment.

1215 Return to car park.

pm Free. See my website for possibilities.

1900 Dinner.

### Sunday

0745 Breakfast.

0900 Leave Abingworth and drive to car park above Washington village.

0930 Set out on a 5 mile walk taking in Washington and Chanctonbury Ring.

1215 Return to car park.

pm Free. See my website for possibilities.

1900 Dinner.

### Monday

0745 Breakfast.

0915 Set out on 5 mile walk from Abingworth, taking in the villages of Thakeham and West Chiltington.

1145 Return to Abingworth and disperse.